

Tibet & Qinghai Lake Discovery

Lhasa Arr. -Yamdrok Lake-Gyangtse-Shigatse-Lhasa-Xining-Qinghai Lake-Xining Dep. 【Tour Code: ELJRQ (Wed.)】



Tour Highlights:

Discover Mysterious Tibet

- Potala Palace----"Bright Pearl on the Roof of the World"
- Jokhang Temple-- Part of the UNESCO World Heritage Site "Historic Ensemble of the Potala Palace"
- Tashilhunpo Monastery---one of the Big Six Monasteries of the Gelug sect of Buddhism in Tibet
- Barkhor Street-----preserve the original look of the ancient Lhasa City.
- Yamdrok Lake-----the most beautiful water in the world meaning "swan pool" in Tibetan language

Amazing Beauty -Qinghai

- Qinghai Lake----- the largest salt lake in China.
- Qinghai-Tibet Railway---"Sky Road", the first railroad linking Tibet with the rest of China.

Deluxe Hotels:

- Lhasa: Quasi-5 ☆ Gakyiling Hotel/Flipport Garden Hotel Lhasa/similar
- Shigatse: 4 ☆ Shigatse Hotel/Tashi Choeta Hotel/similar
- Xining: Quasi-5 ☆ Enraton Internation Hotel/Sanwant Hotel Xining/similar

D01 Lhasa Arrival

Upon arrival at Lhasa Gonggar airport (LXA), you will be transferred to hotel. The rest of the day will be at leisure for you to relax and acclimatize yourself to the high altitude reaction.

(Free Airport Pick-up Period: 8:30a.m.-10:30a.m., 2:00p.m.-4:00p.m., passengers arriving adjacent within 2 hours will be picked up together; those who come to Tibet by train need to pay extra pick-up fee: \$70 vehicle/transfer for 2-3pax or check in hotel by themselves).

D02 Lhasa

After breakfast, visit the landmark of Lhasa- 【the Potala Palace】. Then visit the ancient 【Jokhang Temple】 which is the sacred place in the eye of all Tibetan Buddhism followers. Thereafter, walk around the most bustling handicraft market of Lhasa- 【the Barkhor Street】. Later, visit a Tibetan tea store.

D03 Lhasa- Yamdrok Lake- Gyangtse- Shigatse

Today we will set off from Lhasa, climbing over the 【Kambala Snow Mountain】 with an altitude of 4900 meters to visit 【the Yamdrok Lake】 -it is the world's highest altitude fresh water lake and renown as the sacred lake in the sky. Then proceed to Shigatse via Gyangtse.

D04 Shigatse-Lhasa

After breakfast, visit the 【Tashilhunpo Monastery】 , one of the 6 major monasteries for Tibetan Yellow Sect. This monastery was built by the first Panchen Lama in 1447 and thereafter became the resident of all the previous Panchen Lama. There is a world tallest Mi'le Buddha statue, which is 28 meters tall in the monastery. Then return to Lhasa.

D05 Lhasa

After breakfast, visit the only Temple of wealth in Tibet- 【Grashi Monastery】 . Then proceed to the Geological Mining Museum where you can appreciate the art of Tibetan Thangka. After lunch, visit one of the three largest monasteries in Lhasa- 【Sera Monastery】 . Thereafter, visit the Tibetan Pharmaceutical Factory where you can see the magic effect of Tibetan medicine.

D06 Lhasa-Xining

After breakfast, we will board the world's highest railway- 【the Qingzang Railway】 heading towards Xining, which is known as the "Southern path of Silk Road". It will be a whole day train journey, passing through Lhasa, Dangxiong, Naqu, Anduo, Tuotuo River, Ge'ermu, Delingha and finally Xining. All meals on the train will be at own expense.

D07 Xining

This morning tour guide will pick you up from the railway station. Then we will be driven through the 【Dan Geer Ancient City】 . You can view【the Mt Moon and Sun】, the Sun Pavilion and the Moon Pavilion along the way. Thereafter, we will travel to【Qinghai Lake】 which is the largest salty water lake in China with an area of 4500 square kilometers. Qinghai Lake's emerald green water completes the picturesque scenery. Next we will visit Qinghai Kunlun jade store.

D08 Xining Departure

After breakfast, transfer to Xining Caojiabao Airport (XNN) for the flight to your next destination.

Optional items (at your own expenses, excluded in the admission fee as indicated):

Karuola Glacier + Phalha Manor + Tibetan Family Visit ----- RMB580/pax

Month	Wed. Arrival	Month	Wed. Arrival
Mar. 2017	tour unavailable	Sep. 2017	06, 13, 20, 27
Apr. 2017	05, 12, 19, 26	Oct. 2017	04, 11, 18, 25
May. 2017	03, 10, 17, 24, 31	Nov. 2017	01, 08, 15, 22, 29
Jun. 2017	07, 14, 21, 28	Dec. 2017	06
Jul. 2017	tour unavailable	Jan. 2018	10
Aug. 2017	tour unavailable	Feb. 2018	07

Valid Date	Tour Fare Including Lhasa-Xining Soft sleeper train ticket fare
Apr.2017-Jun.2017 Oct.2017	\$899
Sep.2017	\$999
Nov.2017-Feb.2018	\$699
Admission fee as indicated	\$180
Service Charge	\$80
Single Room Supp.	\$290

- Tibet Travel guidelines:** foreign passengers who want to travel in Tibet are required to hold the Tibet Tourism Bureau (T.T.B.) Permits when boarding the plane or the copy of this permit when boarding the train and their China visa must be Chinese tourist visa "L". Foreign journalists are forbidden to enter Tibet.
- You are required to enter Tibet only from Beijing, Shanghai, Canton or Chengdu.** Necessary information for obtaining a Tibet travel permit (the cost has been included in the tour fare above): nationality, occupation, gender, day of birth as well as the scanning copies of your passport and visa. **Please provide all the materials at least 30 days prior to tour start date.** Any cost caused by wrong information or delay of submitting information will be undertaken by guests themselves.
- Two methods of obtaining your Tibet Travel Permit (please provide us the correct address and contact No.):**
 A. Local delivery (available only in Beijing/Shanghai/Canton/ Chengdu downtown or airport): extra \$80/transfer.
 B. Express delivery (available in China's major capital cities' downtown area): extra \$10/transfer.
- Total fare composed of tour fare, admission fee as indicated and service charge must be pre-paid at time of reservation.** The admission fee as indicated and service charge for adults and children are the same (free for infant under 2 years old).
- Tour fare above is based on American adults (non student group). That for travelers under 12 years old is as follows:

	Child between 2-11 years old with bed	Child between 2-11 years old without bed	Child under 2 years old without bed
Apr.-Jun., Oct.2017	\$519/pax	\$329/pax	10% of adult tour fare
Sep.2017	\$609/pax	\$379/pax	10% of adult tour fare
Nov.2017.-Feb.2018	\$399/pax	\$229/pax	10% of adult tour fare

- Excellent English speaking tour guide.
- We reserve the right to modify the itinerary if necessary subject to the local real conditions.
- We reserve the right to modify the price without notice subject to the fluctuations of exchange rates.
- Attendance during the whole trip is required.
- There are shopping excursions on this tour as per itinerary. However, there is no obligation to purchase anything. Visitors who are not very keen on shopping can treat this as culture learning experience.